



CHH Cardiac & Pulmonary Rehabilitation/Diabetes Center
780 Litchfield Street
Torrington, CT 06790

From Winsted (North)

- Take Route 8 SOUTH to Exit 43.
- Once you get off the exit, there will be blue and white "H" signs to the hospital.
- At the end of the ramp, take a right, then a left at the stop sign.
- At the next stop sign, take right onto East Albert Street.
- You will continue straight through 2 more stop signs and 2 more traffic lights.
- At the third light bear left up the hill (Litchfield Street).
- Continue up the hill (Litchfield Street) past the hospital's outpatient, emergency room, and employee parking areas on your right.
- The Hungerford Center will be at the top of the hill.
- It is the fourth right after the Hospital Main Entrance.

From Waterbury (South)

- Take Route 8 NORTH to Exit 43 (Harwinton Avenue).
- Turn left at end of ramp.
- At first intersection go straight on to East Albert Street and Albert Street to Litchfield Street.
- Continue up the hill (Litchfield Street) past the hospital's outpatient, emergency room, and employee parking areas on your right.
- The Hungerford Center will be at the top of the hill.
- It is the fourth right after the Hospital Main Entrance.

From Hartford (East)

- Take I-84 WEST to exit 39 at Farmington.
- Take Route 4 WEST to route 118.
- Follow Route 118 to the intersection of Route 8 NORTH.
- Go NORTH on Route 8 to Exit 43 (Harwinton Avenue).
- Turn left at exit.
- At first intersection go straight on to East Albert Street and Albert Street to Litchfield Street.
- Continue up the hill (Litchfield Street) past the hospital's outpatient, emergency room, and employee parking areas on your right.
- The Hungerford Center will be at the top of the hill.
- It is the fourth right after the Hospital Main Entrance.